

## DO OR DON'T DO, THERE IS NO TRY

Trust in the LORD with all your heart,  
and lean not on your own understanding;  
in all your ways acknowledge Him,  
and He shall direct your paths.  
Proverbs 3:5-6

## THE REALITY OF FAITH

Review from two weeks ago:

I beseech (who) you therefore, brethren, by the mercies of God, that (who) you present (what) your bodies a living sacrifice, holy, acceptable to God, which is (who) your reasonable service. And (you implied) do not be conformed to this world, but (you implied) be transformed by the renewing of (who) your mind, that (who) you may prove what is that good and acceptable and perfect will of God. Romans 12:1-2

Transformation comes by the renewing of our minds. And our mind is renewed when we choose (our action) to live by faith and not by what we see, think, or feel. Faith activates all the promises of God. For without faith, His promises are simply words to us because we refuse to empower them into our lives by believing them as true, and then living like they are.

Now faith is the substance of things hoped for, the evidence of things (what) not seen. Hebrews 11:1

But without faith it is impossible to please Him, for he who comes to God must believe that He is (the Ever-Present One, the I AM THAT I AM), and that He is a rewarder of those who (qualifier) diligently seek Him. Hebrews 11:6

Faith is believing without having to see. And everything we will talk about will not become yours unless you believe it to be so. Faith activates His promises in your life. And your faith must not be in just His promises alone, but in His character, trust, love, and truthfulness. You must believe that He is who He says He is.

## THE "HOW QUESTIONS"

Moving from Theory to Application

1. How to hear from God
  2. How to study God's Word
  3. How to hear from God through His Word
  4. How to understand the Holy Spirit
  5. How to understand our salvation
  6. How to surrender my life to the Lord
  7. How to experience victory of sin and temptation
  8. How to walk in the Spirit
- And so many more.

## LEARNING TO TRUST HIM AT HIS WORD

One verse/truth at a time.

Trust in the LORD with (qualifier) all your heart, and (description) lean not on your own understanding; (command) in all your ways acknowledge Him, and (promise) He shall direct your paths. Proverbs 3:5-6

(if) Trust in the LORD with all your heart,  
and (if) lean not on your own understanding;  
(if) in all your ways acknowledge Him,  
and (then) He shall direct your paths.

**Do:** Trust in the LORD with all your heart,  
**Don't:** and lean not on your own understanding;  
**Do:** in all your ways acknowledge Him,  
**Promise:** and He shall direct your paths.

## SOME PRACTICAL QUESTIONS

1. What does pure trust look like?
2. How can I trust again after I have been betrayed by those I have trusted in the past?
3. Can I really trust God to keep His Word?
4. Can I trust Him to reveal to me what I need to know when I need to know it?

5. Can I trust Him to make sure I will be able to hear Him when He speaks, whenever He speaks? And if so, how?
6. What does it mean to trust “with all your heart”? How is that done, exactly?
7. And in what areas of my life am I to trust like this?
8. How can I trust Him explicitly if I have a problem hearing from Him?
9. And where do I fit in to this equation? If I trust Him with all I am and all that I have, what part do I play in my everyday life? How is this done?
10. How can I trust Him more than I trust myself?
11. Or how can I trust Him more than my reasoning, logic, understanding, experience, education, maturity, wisdom, feelings, sincerely held convictions, or what I know to be right and wrong or what I know works and doesn’t work for me in this world?

Question: Who can trust anything or anyone like that?

Answer: Only a little child.

## WHAT DOES IT SAY AND WHAT DOES IT MEAN?

**Trust** (*bāṭah* - to be confident, to have faith, to believe. It expresses the feeling of safety and security that is felt when one can completely rely on someone or something else)

And what or whom are we to trust to this degree? But there is even more to discover. We have an example of this kind of trust when we pet our dog.

**in the Lord** (*yehōwāh* YHWH – the proper name for the God of Israel, the name by which He revealed Himself to Moses, He is the “I AM THAT I AM”)

I am to trust the God who is, the Ever-Present One, the self-existent and self-sufficient God who needs nothing and is dependent on no one. All of creation is dependent on Him for life, purpose, and existence. “For without Me, you can do nothing” – John 15:5.

It is the name of God who sent Moses to Pharaoh with a divine mission of deliverance. He is the God who directed Moses’ paths back then, just as He promises to direct mine, even today.

He is the same, yesterday, today, and forever.

I am to trust the God Whose name is so sacred, the ancient Hebrews refused to write it or speak it. The God Whose primary trait is revealed to us as holy. And He has chosen to make us holy in His sight. So who loves me and is more trustworthy than my God? But God does not honor doubt, fear, nor apathy. Never has, never will. He honors faithfulness and commitment. So note the qualifier for our trust.

**with all** (*kōl* – each, every, all, everything, the whole, entire, in totality, without exception) **your** (personal) **heart** (*lēb* - the immaterial self or the seat of one’s inner nature, such as soul, thought, understanding, knowledge, mind, will, emotions, personality, desires, volition, determination, moral character).

The word translated heart represents everything that makes you who you are, someone unique, special.

## EXAMPLE: OUR DAMAGED EMOTIONS



## Maslow's hierarchy of needs